

WAXING POSTCARE

- **Avoid Sun Exposure:** Steer clear of direct sunlight or tanning beds for at least 24–48 hours after waxing. Your skin may be more sensitive, and sun exposure can increase the risk of irritation, redness, or sunburn.
- **Skip Intense Activities:** Give your skin some time to recover by avoiding vigorous activities, hot baths, saunas, or workouts for at least 24 hours post-waxing. Sweating and friction can exacerbate irritation.
- **Stay Hydrated:** Drink plenty of water to keep your skin hydrated. Well-hydrated skin recovers faster and maintains a smooth texture.
- **Gentle Cleansing:** On the day of your waxing and the following days, use a mild, fragrance-free cleanser to keep the waxed area clean. Avoid harsh soaps or products containing alcohol to prevent further irritation.
- **Exfoliate, but Gently:** After 48 hours, start incorporating gentle exfoliation into your routine to prevent ingrown hairs. Use a soft exfoliating cloth or a mild exfoliating product to slough off dead skin cells.
- **Moisturize Regularly:** Keep your skin moisturized to enhance its recovery and maintain a silky feel. Opt for a fragrance-free, non-comedogenic moisturizer to avoid clogging pores.
- **No Touching:** Resist the urge to touch or scratch the waxed area, as this can introduce bacteria and lead to irritation or infection. Let your skin heal naturally.
- **Loose Clothing:** Wear loose, breathable clothing to prevent friction and allow your skin to breathe. Tight clothing may cause irritation, especially in freshly waxed areas.
- **Avoid Hot Water:** Steer clear of hot baths, hot tubs, and saunas for at least 48 hours after waxing. Hot water can increase skin sensitivity and prolong the recovery process.
- **Say No to Chemicals:** Refrain from using harsh chemicals, such as perfumes, deodorants, or products with alcohol, on the waxed area for at least 24 hours. These can cause irritation and discomfort.

BY FOLLOWING THESE POST CARE INSTRUCTIONS, YOU CAN ENHANCE THE EFFECTIVENESS OF YOUR WAXING SESSION WHILE MINIMIZING POTENTIAL DISCOMFORT AND IRRITATION. ALWAYS CONSULT WITH YOUR WAXING PROFESSIONAL IF YOU HAVE ANY SPECIFIC CONCERNS OR QUESTIONS RELATED TO YOUR INDIVIDUAL CIRCUMSTANCES.